

EarPopper User Instructions

Using the EarPopper: It's as quick as a swallow!

(Always refer to instruction manual for proper use and care.)

1. Hold nosepiece firmly against nostril (creating a good seal is crucial). Press other nostril closed with finger.
2. Press button to begin airflow.
3. After 2-3 seconds of air flow, swallow with mouth closed while the motor is running. (Hint: holding a small amount of liquid in mouth prior to procedure may aid in swallowing.)
4. Repeat procedure for other nostril.
5. Wait 5 minutes then repeat steps 1 – 4.

One good indication that the procedure has been carried out successfully is to listen for a pitch change in the sound of the motor while swallowing. This is due to a temporary slowing of the motor due to back-pressure. You can experience this sound by plugging the hole with your finger while the device is running. This is the same sound you should hear when you swallow. If you don't hear the pitch of the motor change, you may not have a good seal with the nostril or the patient's mouth may be open.

NOTE: If the patient does not feel any change in the ear, repeat the procedure making sure the EarPopper remains firmly against the nostril, while the patient swallows with mouth closed.